

The International Society of Hypnosis (ISH): ISH Masterclass December Invitation

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THE INTERNATIONAL SOCIETY OF HYPNOSIS

BUILDING BRIDGES OF UNDERSTANDING

ISH Monthly Masterclass

Between Dissociation and Re-Association: Strategic Hypnotic Interventions for Complex Clinical Cases

WEDNESDAY, DEC 17, 2025
17:00 - 20:00 CET

By Joseph Meyerson, PhD

ISHypnosis.org

Dear colleagues,

The International Society of Hypnosis invites you to the ISH Monthly Masterclass with **Joseph Meyerson, PhD**

Title

Between Dissociation and Re-Association: Strategic Hypnotic Interventions for Complex Clinical Cases

By Joseph Meyerson, PhD

Wednesday, December 17, 2025

17:00 – 20:00 CET

[Register Here](#)

Abstract

This workshop presents a theoretical and practical framework for working strategically with dissociation and re-association in hypnotic psychotherapy.

Through an experiential and reflective format, participants will explore the strategic and creative dimensions of hypnosis. We will first focus on Hypnotically Induced Dissociation (HID) as a therapeutic instrument designed to create safe internal distance, emotional regulation, and access to previously inaccessible experiences. The process will then move toward re-association, aimed at restoring coherence and continuity of self through hypnotic language, time regression, and ego-state alignment. Clinical examples will illustrate how dissociative and integrative movements unfold within treatment, offering a nuanced understanding of how hypnotic interventions can facilitate psychological transformation.

Participants who feel comfortable and interested in a more hands-on experience are warmly invited to

volunteer for a live demonstration, allowing the group to observe and reflect on the hypnotic process as it unfolds in real time.

Learning Objectives:

1. Understand how dissociation and re-association function dynamically within hypnotic psychotherapy.
2. Learn to apply Hypnotically Induced Dissociation (HID) as a structured and purposeful clinical intervention.
3. Develop practical hypnotic strategies that foster integration, emotional regulation, and therapeutic transformation.

CV:

Dr. Joseph Meyerson is a clinical and medical psychologist, hypnotic psychotherapist, and national and international lecturer specializing in strategic, Ericksonian, and relational approaches to psychotherapy.

He is the Director of HypnoClinic, a state-recognized center for clinical and academic training in hypnosis, and until recently served as Senior Lecturer in the Department of Medical Psychology at Max Stern Yezreel Valley College. Dr. Meyerson previously served as President of the Israeli Society of Hypnosis and Co-President of the Israeli Psychosomatic Society, and has been deeply involved in advancing hypnosis education, clinical supervision, and ethical practice for over three decades.

His clinical and research interests include dissociative-associative processes in psychotherapy, psychosomatic integration, and relational dynamics within the hypnotic field, with particular emphasis on mutual regulation and co-experiencing between therapist and patient. He has authored numerous articles and book chapters in leading international journals and handbooks (American Journal of Clinical Hypnosis, Handbook of Medical and Psychological Hypnosis, Advances in Online Therapy).

Dr. Meyerson regularly presents at national and international congresses and masterclasses and serves as editor and reviewer for scientific journals in clinical and medical hypnosis. His work bridges academic research, relational understanding, and therapeutic innovation, expanding the role of hypnosis in contemporary psychotherapy and integrative healthcare.

End of CV

Location	Local Time
Austin (USA – Texas)	Wednesday, 17 December 2025, 10:00:00
Beijing (China – Beijing Municipality)	Thursday, 18 December 2025, 00:00:00
Berlin (Germany – Berlin)	Wednesday, 17 December 2025, 17:00:00
London (United Kingdom – England)	Wednesday, 17 December 2025, 16:00:00
New York (USA – New York)	Wednesday, 17 December 2025, 11:00:00
Perth (Australia – Western Australia)	Thursday, 18 December 2025, 00:00:00
Pretoria (South Africa)	Wednesday, 17 December 2025, 18:00:00
Seattle (USA – Washington)	Wednesday, 17 December 2025, 08:00:00
Sydney (Australia – New South Wales)	Thursday, 18 December 2025, 03:00:00
Tokyo (Japan)	Thursday, 18 December 2025, 01:00:00
Cancún (Mexico – Quintana Roo)	Wednesday, 17 December 2025, 11:00:00
Tehran (Iran)	Wednesday, 17 December 2025, 19:30:00

[Register Here](#)

For ISH Members: To see all ticket options please log in with your ISH account.
For Constituent Society Members: Please indicate your according Constituent Society.

After the workshop, once we receive all the slides/material from the speaker, we will send the recording link and the material.

As always feel free to contact us with any questions at events@ishhypnosis.org

Best Regards,

Mahta Shahidi

ISH Administrator Assistant

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