

“Hypnosis for Pain and Suffering” med David Patterson



Program

Begge dage er der morgenbrød og kaffe/te kl. 08-09

Day 1*** Hypnose til akut smerte og procedure-relateret smerte.

08:30 - 09:30	Anatomy of a simple direct induction
09:30 - 09:45	Break
09:45 - 12:00	Hypnosis for acute pain and crisis
12:00 - 13:00	Lunch
13:00 - 14:30	Hypnosis for medical procures
14:30 - 14:45	Break
14:45 - 16:00	Practicing procedural hypnosis
16:00 - 17:00	Q&A and group induction

Fælles middag kl. 18-20 (ikke inkluderet i prisen)

Day 2*** Kronisk smerte og brugen af hypnose til at forbedre psykoterapeutisk arbejde.

08:30 - 09:00	The neurophysiology of consciousness and meditation
09:00 - 10:30	The psychology of chronic pain
10:30 - 10:45	10:30-10:45. Break
10:45 - 12:00	Eight modules of psychotherapy for chronic pain management
12:00 - 13:00	Lunch
13:00 - 14:30	Assessment of a patient in pain
14:30 - 14:45	Break
14:45 - 16:00	Non-linear inductions for chronic pain management
16:00 - 17:00	Non-linear group induction, Q&A