



Early Bird Registration End Soon! European Society of Hypnosis (ESH) Congress 2026, Glasgow

The early bird registration deadline is rapidly approaching for ESH Congress 2026, and will close at the end of next month, on the 31st July 2025.

Register now to secure the most cost-effective rates: <https://fitwise.eventsair.com/esh2026>

By attending Congress you will join a host of like-minded healthcare professionals who specialise / have an interest in the use of hypnosis in the fields of medicine, dentistry, psychology, and psychotherapy from across the globe.

Abstract Submissions Invited

Thank you to those who have already submitted an abstract for Congress. As we have a rolling review system, those submissions have already been reviewed, and their outcomes communicated! Why don't you consider playing a key role in the congress and submitting your work for consideration as an abstract? See full details below and online: <https://fitwise.eventsair.com/esh2026/abstracts>.

Exhibition open for booking

The Congress will also feature an exhibition for companies with an interest in the use of hypnosis in the fields of medicine, dentistry, psychology, and psychotherapy. If you would like to know more about the available opportunities to exhibit / sponsor please contact our Professional Conference Organiser Fitwise at Mike.Donaldson@Fitwise.co.uk see more details online at <https://fitwise.eventsair.com/esh2026/exhibition>

Don't forget full details are on our conference website: <https://fitwise.eventsair.com/esh2026>

Conference Key Dates:

- Early Bird registration open until: 31 July 2025
- Closing date for abstract submissions: 27 May 2026
- **Congress: 26 – 30 August 2026**
 - Wednesday 26 August: Pre-conference registration
 - Thursday 27 August: Pre-congress workshop
 - Friday 28- Sunday 30 August: Main Conference

**Your invite to submit an abstract for the European Society of Hypnosis (ESH)
Congress 2026, Glasgow.**

ESH 2026 Abstract Submission open: <https://fitwise.eventsair.com/esh2026/abstracts>

Each year ESH Congress attracts a large number of abstracts with submissions covering the breadth of hypnosis topics from healthcare professionals who specialise / have an interest in the use of hypnosis in the fields of medicine, dentistry, psychology, and psychotherapy.

Early abstract submission is encouraged:

- Abstract outcomes will be communicated within 12 weeks of submission
- Successful presenters will receive 15% off the applicable delegate fee at time of booking

Submitting an abstract for Congress is an ideal way to communicate the outcomes of your work to your peers. Presenting will also support your personal development, showcase your skills and help grow your CV.

We would like to invite you to consider submitting abstracts for Congress on the following themes:

- Hypnosis in medicine
- Hypnosis in dentistry
- Hypnosis in psychology & psychotherapy
- Hypnosis and other integrative approaches
- Hypnosis research

In particular the BSMDH who are hosting the Congress would like to encourage submissions from those who haven't submitted to a Congress previously.

Please visit the website for further advice and information: <https://fitwise.eventsair.com/esh2026/abstracts>